

2015-2016









#### **ORGANISATIONAL PROFILE**

Shreyas is the Official Social Development Organization of the Malankara Catholic Diocese of Bathery, dedicated to the development and empowerment of the marginalized, irrespective of their religion, gender, color and political affiliation. It has started functioning in the year 1979 and got registered as a non-government organization in 1986 under the Societies Registration Act 1860. It has its operations in 5 Northern districts of Kerala and Nilgiris District in Tamilnadu. Since its inception Shreyas is engaged in building up a new social order with gender and environment sensitivity based on moral values and principles. The present operational area is divided in to 9 regions consisting of 82 units for effective management and active participation.



#### Mission

To be a learning, facilitating and model organization for integral development through participatory approach.



#### Vision

Creation of a just society based on Gospel values of love, fraternity and human dignity.

#### **Objectives**

- Formation, strengthening and sustaining of CBOs.
- Qualitative leadership with gender perspective.
- Decentralized development initiatives and Institution building process.
- Social inclusion and integrated development of Tribal communities and persons with disabilities.
- Judicious management of natural resources, sustainable agriculture and food security.
- \* Accessible and affordable primary health care for the partner population.

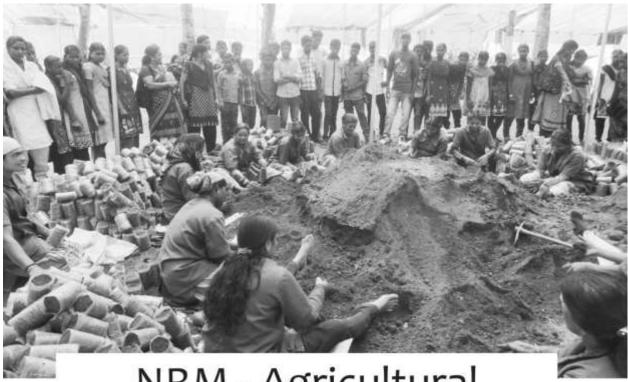


# Message

It is with immense pleasure I am presenting the annual report of Shreyas, for the year 2015-16. As a social development organization of the Malankara Catholic diocese of Bathery Shreyas has relentlessly strived for partnering with the poor and marginalized including tribal community. It has created an enabling environment for the underprivileged to be a part of the development process. An inclusive approach was followed by Shreyas in all its interventions. Also Shreyas focus more on the theme declared by the UN on every year. This will reflect over its all interventions till the grassroot level. 2015 is International year of soil. It is the soul of infinite life and it has to be preserved. The unscientific agriculture practices and deforestation activities led to soil degradation. Lack of mulching and cover crops exposed the soil to direct sunlight and it caused the destruction of flora and fauna. The water absorption capacity of the soil is decreased and it lost its productiveness. The soil erosion becomes a common phenomenon in sloppy areas. The agriculture productivity is also very less. Hence Shreyas took initiative on agro forestry concept. More tree saplings were planted. In order to ensure food security we focused on fruit bearing trees also. Shreyas family members observed World Environment Day by planting trees. Our volunteers prepared a survival register of the saplings planted last year. The role of SHGs and federations in this campaign is praise worthy.

2016 is the year of pulses. Throughout history and all over the world the highly nutritious legume, or pulse, has been an affordable and essential staple in the human diet. Pulses has sustained human civilization for thousands of years as an essential part of the diet, keeping people healthy, lean and satisfied without the baggage of disease and weight gain. With the introduction of improved varieties and promotion of better management techniques, pulse crops can continue to be an excellent choice for farmers in the developing world. As a steady source of nutrition and soil sustainability, pulse crops play a major role in food security, a role which will only grow in the future. With replenished commitment we resolve to try all modules of development and continue to transform the ideology and methodology of social development in to action. I extend whole hearted gratitude to all our supporters and Shreyas family for the guidance, cooperation and support over the year.

Fr. Dr Louis Puthenveettil Executive Director



NRM - Agricultural Interventions

Family farmers in India, though are seasonal producers and produce on a smaller scale, yet contribute to the food security of the nation. Traditionally, these family farmers have been on a subsistence level producing small surpluses to the market. With low production, poor market orientation and lack of value addition capacity, small farmers end up having low bargaining power in the market receiving low returns for their produce. The challenges for family farmers have increased multifold with the introduction of 'free trade" policies of the government. Food supply has increasingly fallen underthecontrolofgiant multinational companies. There is an unprecedented level of control over

the entire food supply – from production and processing to distribution and consumption. Food is no more a source for survival; it has turned into a commodity for profit. By replacing the local traditional food systems with foods which could be traded globally, small farmers have lost control not only on their traditional foods but also on the way the food has to be produced. This has a disastrous effect on family farmers, food security, and the environment. In such a situation, the agriculture development wing of Shreyas shows plenty of examples of farmer's own initiatives providing multiple solutions to all the agriculture related problems.

Particulars	Quantity/Components
Nutrition Garden	26500
Integrated farming training	1215

Herbal Cultivation	5350
Paddy Promotion Indigenous Varities	122 Acres
Family Farming	1834
Organic input preparation training- Bio fertilize Preparation	582
Training in pesticides and insecticides	620
Well Recharging	54
SRI	52 Acres
Tuber crop promotion	150 Acres
Waste Management	8232 Families
Distribution of chicks	20500
Distribution of AH plants	Agro-horti saplings to- 4210 families
Organic markets	10 -Markets Sold more than 6 MT vegetables and tubers in the market Rs.1,25000 as return on sales
Harvest festivals	Programme in 7-Regions
Farmers' day celebration	7 –Regions
Group farming	Cultivation in 310 acres' of land 58- Group
Pipe Composit	410
Nursery	Promoted 15-agriculture nursery
Fodder	Distributed 9248- stems
Traditional seeds promotion	Distributed seeds among- 15 groups
Seed distribution	Distributed vegetable and tubers seeds to -105 groups
Goat Rearing	45 Families
Piggery	Promoted 10- units
Farm club formation	Formed 4clubs- 110- members
Vilanaatty Maholsavam	Planted 82-acres of paddy field
Honey Bee cultivation	15 Families
Poultry	Started 70-units Distributed- 8250- chicks
Pisci-culture	Started 7- units
Seed Bank	7 Regions
Trade Fare	7 Regions
Farm School	4 Nos
Day Celebration	Farmers Day Celebrated in 7 Regions



Outline of our Tribal Development Interventions

"Proud people are you Born with spirits soaring high Free forever more"

Wayanad district of kerala with its verdant forest and pristine beauty is also a place where the largest number of indigenous tribal people reside. They have been part of the region's history and its epoch. The tribals who formed its history and epoch had been sidelined over a period of time by various socio-cultural factors. Today Shreyas is making every effort to bring about transformation in the lives of the indigenous tribals through its multi- prong strategies in social and economic development. Sheray's Tribal Development wing is making every effort to ensure that the tribals get their rightful place in the society and are able to stand for their rights. Driven by the neo

liberal economic policies the outlook towards environment and the natural resources are seen only as a commodity the tribals are the vanguards of forest and its resources. Who have shown us how sustainable living can be a reality.

Today tribals are at a cross road, in their effort to preserve and promote their culture while embracing the modern development in the field of science and technology. The effort of Shreyas is to ensure a fine balance in integrating the tribals with their indigenous knowledge with modern science and development. Shreyas works towards to change the existing social barriers against tribal development while maintaining the ethnic identity. We understand the responsibility as social engineers and using empowerment strategy....

Major Activities	Result/ outcome
Women's day Celebration	325 women participated and class on Pledge
Tribal Gathering	for Parity 465 members participated
Balavedi programmes	6 programmes conducted 312 children participatred
Carrier guidance	82 children participated
Environment Day Celebration	Conducted programmes in 25 colonies and could plant 3225seedlings
Tribal Day Celebration	15 Coloniese conducted different programmes
Onam Celebration	All the type of tribes gathered together and could make Onam Sadhya with thier own organic agriculture products Around 500 members participated
Health \$ Women Development programme	315 women got training and they became self reliant to take care of their family
Functional Literacy \$ Vocational Training	21 training programme conducted and 525 members participated
General Orientation Programme	52 programmes in different coloniese
Crop management Programme	28 trainings conducted and 920 members participated
Labour education programme	4 programes conducted and 160 members conducted
Medical Camps	25 medical camps conducted in different coloniesecoloniese and 1125 members
Area gathering	4 regional level gathering conducted
Skill training	

# Name of Government Scheme or Benefit or Service accessed

Schemes	Amount
NABARD	2003021
Medical Aid	140000
Education Grant	60000
Agriculture -Subsidy	135000
Seedlings (coffee ,pepper, coconut,plantain)	225500
House & Sanitation	5000000

Kudumsree Grant	150000
House repair grant	225000
Walker	25000
Pension	450000
Poultry	175400
Buffallo	875000
Cow rearing	400000
Goat	1080000



## Case Study-A Successful Case of Santha Sankaran

Name and address of the person concerned in the family	Mrs. Shantha Shankaran Mandokkara Nenmeni
No. of members in the family	06
Name of Tribe	Paniya
Details of financial status before and after the project (annually)	Before: Rs. 10,000/ After : Rs. 50,000/
Year of commencement of the project.	2013
Objective/goal of the project	Empowering the tribal community through sustainable agriculture and allied activities for socio-economic development leading to better standard of living.
Details about the project	

Through TDF-WADI project the family was given financial assistance of Rs. 13,500/ to buy two buffalos calves under livelihood programme. The family took care of the calves for almost 2 years and when the calves where grown they used the animal for ploughing the land. The animal was used regularly to plough the land and on an average they were able to earn Rs 700/- 800/ per day. Apart from that dung from the buffalos is also became an additional source of income for the family as they sold the dung. Thus the family was able to earn Rs.50000/- annually. With the income from buffalo rearing and loan from the SHG the family started to cultivate the paddy in 2 acres of land. Today the family is able to lead a healthy and happy family. The project has worked as a catalyst in improving the financial condition of the family leading to a chain of positive actions that has made the family to become self reliant.

The positive outcome of this project has made the family to venture into new areas. Cultivation of paddy was only a very distant dream for this family but as a result of this project and from the initiative from the family members and with the support of the SHG they have a new beginning in improving their financial condition.

Today Mrs. Shantha and her family members are a happy to expand their avenues in terms of their livelihood. They have made use of the project in improving their financial condition and have also linked themselves with the SHG to take leverage in further improving their financial condition.

# NABARD- TDF- WADI

Tribal development project named WADI is aimed at reducing migration and ensuring comprehensive development of the tribals. Tribal families are struggling very hard to come out of poverty and malnutrition. Scheduled Tribes are the most marginalized section of the society, therefore to assist their socio-economic

development; there is an imperative need to provide more employment avenues and income generation opportunities. The present project has Kattunaikka, Paniya, Oorali and Kuruma under the category of tribal community. This project is to improve the quality of life by using WADI development approach. This approach has been successfully used for bringing sustainable

development among tribal and rural areas. The proposed WADI project consists of cluster of 27 villages in Noolpuzha, Nenmeni gramapanchayaths and Sulthan Bathery municipality in Wayanad District.

#### Project

Ensure a sustained and improved livelihood for the tribals.

#### **Project Objectives**

- Provide livelihood through promotion of agrihorti- forestry
- To increase the agricultural productivity through promotion of appropriate technologies like sustainable agriculture and adopting water harvesting technologies
- To improve the socio-economic condition of women and other socially challenged sections
- · To reduce migration.

### Project implementation strategy

- Effective utilization of available land, water and manpower resources for development of poor families.
- Enrich fertility of soil through suitable land treatment.
- Increase in agricultural production through sustainable agricultural practices and efficacy in water management techniques.
- Promotion of local institutions by conducting series of trainings and seminars to tribals.
- Empowerment of women in main stream activities by creating awareness and incorporating appropriate trainings for women.
- Promotion of income generation activities for landless families.
- Ensure alternative income to the people through promotion of dry land horticulture, tubers and vegetables.

#### Activities conducted

Activiese	Amount
Establishment of Orchard& Maintanace	50,000.00
Health and Women Development Programme	239697.00
Livelihood Items	962000.00
Soilconservation	3075.00
Training and capacity building programme	342500.00
Water Resources Development Programme	40000.00
Labour contribution	46452.00
Revolving fund	197217.00
Project Documentation	7200.00
Project Management	114880.00
Total	20,03,021.00



Overview Of Our Fdp- Interventions

#### Introduction:-

Poverty in all its forms is the greatest challenge to the entire world. It is painful and like a syndrome, it assaults individuals materially and morally. The dignity sinks and throws one into total despair. Inorder to alleviate poverty, family development programme has been launched by Shreyas in collaboration with SAFP right from the beginning.

FDP is a program developed by SAFP (Canadian International Development Organization) for the integrated development of poor families. Save a family plan is working towards the empowerment of the poor regardless of their caste, creeds or political affiliation. SAFP is working with many organizations in all over India facilitating many programmes besides FDP. This program promotes self employment schemes such as dairy, goat rearing, poultry, piggery, tailoring, petty shop and farming practices. The stakeholder of SAFP is also utilizing the financial assistance from this programme for housing, land purchase,

sanitary latrines, marriage, medical treatment and education.

#### Shreyas- Family Development intervention

It was in the year of 1979 Shreyas organized and facilitated various capacity building and motivation trainings in different topics of importance to empower the family. The motivation trainings helped to promote human values for improved social relationship. It also facilitated awareness on different topics such as Parenting, Life skills, Alcoholism, Child Abuse, Family Budgeting, Health and Hygiene along with the Income Generation initiatives like Diary farms, Goat rearing, Poultry Farms, Piggery Tailoring, Petty Shops and Farming. The FDP Coordinator and Animator help the family to utilize the monetary benefits wisely and prepare them to withstand poverty. Their capacity to manage the

Dairy farms, Goat Rearing Units, Piggery units, Poultry Units, and their grocery unit's dealings are well improved through better follow up services.

Si No	Activities	Result/ Out come
1	Capacity building/Awareness     Conduct training on budgeting     and family level planning     Regional & Central level     awareness programme for     FDP Families	FDP families could understand the change occurred in this programme and the method of implementation
Ш	Baseline data collection& Progress report preparation	Collected the baseline data of 116 families.  116 families identified their core problem.  187families done their family level planning, budgeting & cash flow.
Ш	family level planning	All families have set their 1 year activities to tackle the issues Disbursement of fund as per the planning Families identified their core problem. Conducted the annual planning. Prepared yearly activity calendar & cash flow.
IV	Monitoring visits	Verifying the handbooks  Monitoring the projects  Motivating the families for better implementation  Family counseling  Help them to obtain Government grants and subsidies  Monitoring of the project and planning done in the families.  They have shared their problems and other core issues of the family
٧	Evaluation & Planning	Done in the past 12 months report  Motivation giving in meetings for the families to own up the programme.
VI	Documentation Updating of records Updating of SAFPNET	Updated the files with recent data of the beneficiaries. Updated all records. Updated monthly plan of the animators and coordinators

VII	Fund Disbursement	families utilized the fund for Livelihood initiatives, Infrastructure facilities, Marriage, Purchase land, Treatment, Digging of well, Loan repayment and Small business .Verified the fund disbursement application Gave the fund to the families Giving proper guidance to families Ensuring the proper utilization of the fund Fund transfer to beneficiary's account Verified and written 185 cheques of 3 regions for disbursement Prepared and submitted 3 months bank list
VIII	SAFPI Training	Participated 4 days training at Aiswaryagramme Buildup the good rapport with others Learnt about RBM, Baseline data collection, 6 year I year plan, activity calendar and cash flow Knowledge acquired about EDP Got more idea about new FDP implementation
IX	Conducting regional level training	FDP orientation - Family budget Beriending,- Health - Government policies Gender
×	CORRESPONDANCE Sent letters according the need	Sent School reopening letters and Easter letter to all benefactors. Translated the letters and handed over to the concerned families
XI	Account Closing	Closed 146cancelled families accounts
XII	Auditing	Fund withdrawal as per the yearly planning, Implement the projects as per the plan
XIII	FFT	The team members are taking responsibility to monitor the programme Report presentation and evaluation of our activities takes place in these meetings. Sharing of concerns and next month's planning
XIV	FAT	

# Success Story



Name Bindhu Babu

Address Madakundu Paniya Colony

Valluvadi, Wayanad

Diocesan No. BT 2919

Contributor Mr. Louis and Monique

Bindu, belongs to one of the primitive tribes of Wayanad the Paniya tribe. They live in Madakundu colony; the remote tribal hamlet of Wayanad Wild Life Sanctuary Bindu, this widowed low vision woman is leading a successful life with her daughter after the sudden demise of her husband. After the death of her husband, the great responsibility of looking after her old mother and child fell on her shoulder. She suffered all the hardship of giving education to her child. The only income of the family was the daily wage of Bindhu who had been working as coolie. They



own only 0.03 acres of land in forest. They live in a no livable house. They were isolated from the public.

#### Interventions and processes initiated

In 2009 the family is selected as one of most deserving families for FDP assistance by Shreyas. They had a strong desire to start a goat rearing unit with this support . Now she could earn income from goat rearing and tailoring. With this income she is able to manage the needs of her family. Bindhu has started organic vegetable cultivation near to her house. Through this she gets pesticide free vegetables. This reduced dependency over external market for vegetables. The surplus she sells to the neighbors in her hamlet. She is a role model to her community.





# SHREYAS KARUNYA FAMILY DEVELOPMENT PROGRAMME

Take care of brothers and sisters who are weaker...the elderly, the sick, the hungry, the homeless and strangers, because we will be judged on this. - POPE FRANCIS

"Thinking for oneself is not bad, but thinking for others is divine:"

As members of Society, it is our responsibility to open up our eyes to see the reality and equip our mind to respond to the needs of struggling fellow human beings like psychiatric patients, cancer patients, paralyzed, mentally and physically challenged persons and widows. They are struggling may not be only for food or treatment but also for getting attention, care and support. They are looking for some genuine help to improve their family, personal and professional life. It is our responsibility to support them, listen to their silent cry.

Shreyas invite you all to join in our new initiative with helping hand through sharing your valuable resources to the most deserving families and to give wings to their hope.

## Shreyas Karunya Family Development Program

Shreyas Karunya Family Development Program is a local sponsorship program for supporting poorest of the poor families in our society. The deserving families are chosen in a participatory manner by the local Sangham. They are unable to meet their daily requirements due to low income, lack of secure house, less social acceptance and no skill for starting viable income generation ventures. At this juncture, Shreyas has selected those families for your kind assistance to bring positive changes through Socio – Economic Empowerment.

You may think, "How can I help?" You can help by making a secure donation through

Shreyas to a selected family who are in distress. Money will be fully utilized to help the family for starting a viable income generation program in order to ensure stable income and lead a descent life in the society.

#### How it helps poor families

- Cover a portion of the educational cost of the children so that dropout can be prevented
- Offer skill development opportunities for parents
- Opportunity for the families to own livestock for daily income, and healthy diet.
- Assist families in financing entrepreneurial initiatives such as small retail stores called petty shops, teashops, lottery businesses, etc.
- Provide basic human needs (food, medicine)

#### Correspondence with the benefactor

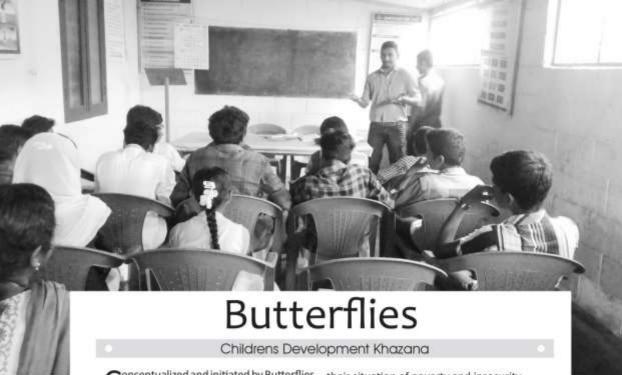
Shreyas will assure that the benefactor is getting progress report and thanks giving letter once in a year from the supporting family.

#### **Duration of assistance**

It depends upon the benefactors, however Shreyas recommend assistance for a period of two years.

Shreyas believe that we can surely make a difference by upbringing this people with a secure and promising future through this sponsorship programme.

Shreyas Karunya Family Development programme is based on human rights approach-Listen towards the helpless people, who are suffering from chronic diseases, widowhood, mentally retarded, mentally and physically challenged persons who are excluded from the mainstream of development.



onceptualized and initiated by Butterflies in the year 2001, as a vehicle to empower street, working and rural & urban poor children, Children's Development Khazana (CDK) is a life skills education programme, educating children and adolescents, democratic values and financial management. CDK's primary objective is to impart life skills education, teach them to be responsible, prioritise needs, budget and save, Children between the age group of 9-18 years are the members, volunteer managers and promoters of CDK. Any poor marginalized rural, urban and tribal communities' child can be a member of Khazana, which is their own and is run by children themselves, under the guidance of adult facilitators.

In CDK, members nominate their own child volunteer managers (for six months) and members for the advance committee, who are then provided trainings to handle their responsibilities, in communication skills, and to work in a team. As part of practicum children manage their own Khazanas on cooperative principles at set timings and members focus on becoming entrepreneurs or learning a professional skill and exiting from

their situation of poverty and insecurity.

The core objective of CDK is to promote life skills education through democratic participation, leadership, inculcate knowledge of cooperative and financial management, prioritizing needs, budgeting, vocational/technical skill, banking principles, basics of management principles, and fundamentals of accountancy- providing saving and promoting a habit of entrepreneurship.

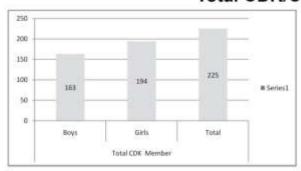
#### Brief background of Children

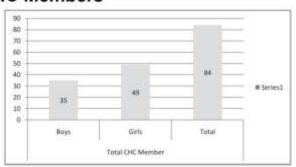
Shreyas CDK activities are mainly focused on tribal population in the region. Since we have launched three more branches mainly of general children, we have representation from general children too. General children are school going children and from relatively a better economic and social background. They have sufficient food, shelter, clothing, school facility. The target population is ST children mainly of Ooraly, Paniya and Kuruma sects. There are eleven branches and each branch comprises a tribal colony. Substantiating it, Choramkolly CDK branch is of Paniya Colony in Choramkolly. All our children are rural, tribal, school going children though some are not regular at school. None of our children

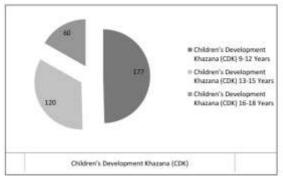
are working. The only source for the children to get money to deposit at CDK is their parents. Most of the people in our target population do not have permanent job and depend on seasonal jobs related to agriculture. As such, the deposit by children at CDK is closely related with the income of their parents. All the children in our CDK do own house and safe drinking water. No

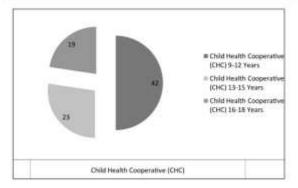
children are suffering from malnutrition. They have schools in the vicinity and health centres nearby. Culturally, the tribal population follows a different way of life that they live together in colonies comprising of ten to twenty families in each colony. They are not as financially sound as general population in the region.

#### Total CDK/CHC Members









Deposits	Withdrawals	Balance
Total till March 2016	Total till March 2016	Available in Savings Accounts
89759	24835	64924

## International Workshop organized at Shreyas

International Workshop on CDK and CHC was organized at Shreyas Social Service Centre from September 31st to 8 Ocober 2015. , S.Bathery. Over 100 delegates from 8 countries including children and adults attended the event. 4 children from Shreyas also participated in the Workshop. It was nine days programme which focused on the life skill training for the children as well as reviewed last year's activities. District Collector, Sri.Keshvendra Kumar Inaugurated the

Workshop. Mar Joseph Mar Thomas, Bishop, Bathery diocese, Mrs Rita Panickar, Director, Butterflies, Fr.Dr. Louis Puthenveettil, Exe. Director, Shreyas gave messages for the children. There was a press meet exclusively by the children from different countries. Children shared their experience as CDK member and put forward their suggestions to the media for a child friendly future.



An Overview of Community Health Security Initiative

The Need for financial services like credit, savings and insurance exists for all segments of the population in the community whether it is rich or poor. The Community security of Shreyas gives prominence to health insurance culture and early prevention interventions among its partner families. In the modern living most people budget their family income. But when it

comes to medical contingencies, it is unbudgeted since illness and accidents are unpredictable and incalculable. Insurance can be understood as risk manangement device used to hedge against the risk of contingent loss. Shreyas inculcate the habit of insurance among its partner families to meet the unforeseen expenses of medical emergency

Major Activities	Result /Outcome
	<ul> <li>The Health Insurance programme has been launched by Shreyas in collaboration with New India Insurance Company Ltd.</li> </ul>
	<ul> <li>Shreyas efficiently takes the health care to the poores sections of the society by our community health insur ance programme</li> </ul>
22.28	Besides ensuring health security
Health Insurance	<ul> <li>To enable the poor person to enjoy affordable and accessible health care</li> </ul>
	<ul> <li>Through the health insurance programme we could insure 6,215 families during the reporting year</li> </ul>
	<ul> <li>Gave Claim Service Rs.4,18,250/- for hospitalization of the poor</li> </ul>
	Insurance Coverage reaching out to distressed familie

Jeevan Madhur	<ul> <li>In 2010 Shreyas successfully launched Jeevan Madhur in collaboration with Life Insurance Corporation of Indi- Calicut</li> </ul>
	<ul> <li>Includes savings with Life Insurance coverage for the socially backward people in rural areas</li> </ul>
Jeeran maana	Still we have 4528 lives in this savings scheme.
	<ul> <li>The scheme helped to increase the financial literacy of the partner families.</li> </ul>
	<ul> <li>Shreyas has launched "Janashree Bima Yojana" in colla oration with the Life Insurance Co-operation of India In the year 2007. This scheme will benefit the poor including the school going children from 9th to 12th standard</li> </ul>
	<ul> <li>Mainly meant for BPL families but the same is flexible.</li> <li>The premium amount is Rs.200/- out of this Rs.100/- is a subsidy from the Government of India.</li> </ul>
Janasree Bima Yojana	<ul> <li>The dependent children studying from 9th to 12th class will get a Scholarship of Rs.1200/- per year.</li> </ul>
	<ul> <li>The insured will get Rs. 30,000/- for natural death and Rs.75, 000/- for accidental deaths besides claims based on the gravity of disability</li> </ul>
	<ul> <li>The poorest of the poor to reap the insurance coverage within their limited resource.</li> </ul>
	We have 6588 families in Janasree Bima Yojana Schem
	<ul> <li>We organize Medical Camps in different Units and Regions collabarote with famous hospitals and experienced doctors.</li> </ul>
	Eye camps
Health Awareness program and	Cancer detection camps
Medical Camps	Ayurvedic camps
	Homeo camps
	<ul> <li>Conduct Awareness Programms in rural and urban areas for Health Literacy and Self Manangement in Disease</li> </ul>



itizens in our country have equal rights to . live with dignity and equal opportunity. DPOs and the federation disabled persons are concerned they are pushed back to the downstairs of the society and denied their basic human rights because of their physical or the mental challenges. The foremost theme of our -CBR-intervention is that disabled people should have the right to a civilized life. Shreyas focus on enhancing the quality of life of the people with disabilities and their families, meeting basic needs and ensuring inclusion and participation. After the completion . of CBR project we now handed over the stick to the District level federation named 'Jyothis Vikalanga Samiti' for initiating the development activities for the disabled for more sustainability. During the reporting period we gave main thrust to advocacy and empowerment of the disabled have taken the joint effort to fulfill the concept of equal participation and inclusion. In this year we started a new project named "Sahayathrika" with the help of Sulthan Bathery Block Panchayath. Through this project we updated the baseline survey of Person with Disabilities.

#### **Key Accomplishments**

Baseline suvey of PWDs in 5 Panchayaths w

- Inclusion of-PWDs in all promotional activities of Shreyas
- Formation of DPOs
- Capacity building training to DPOs and the key federation leaders.
- Strengthening the care givers and parents association
- Education promotion for Children with disabilities collaborating with PRIs and school management
- Counseling and psychological support to PWDs and their family.
- Promotion of livelihoods by the support from PRIs and government institutions
- · Identified 12 deaf blind children.

#### ADVOCACY INTERVENTIONS OF JYOTHIS THROUGH SHREYAS

#### Self Help Group

126 SHGs were formed in Noolpuzha, Nenmeni, Ambalavayal, Meenangadi and Bathery Panchayaths. 12 SHGs were sanctioned Rs. 25000 as revolving fund from Panchayaths

#### Medical Suppport

613 persons with mental illness were

ensured with medication and services with the help of DMHP.

#### **Ediucational Aid**

19 hildren were given educational aids and support through sponsorship

#### Disability pension

At Nenmeni Gramma Panchayath there had a case regarding with the issue of disability pension. Instead of getting pension since 11 months, only 2 months pension had allowed. After this issue other panchayaths were come into the correct track, whenever other panchayaths provided disability pension Nenmeni Panchayath didn't distribute pension. Then, a petition had submitted by "Jyothis" association for specially challenged accordingly the pension had distributed among each and every members without any dues

#### Participation of Gramasabha

A letter had given to all Panchayaths, regarding the performance of Gramasabha. As a result Gramasabha conducted in all Panchayaths.

#### Formation of the DPOs

A letter submitted to all panchayaths regarding the formation of the group of disabled person under the leadership guidance of Panchayath.

#### Awareness class

Before the disability survey, a little information was given to the Angavadi teachers regarding the disabilities and about the person whom would be included in the survey.

#### Free Therapy treatment

Fund of gramasabha allotted to the children who are from economically backward families to meet their expenses during physiotherapy, surgery. A remuneration letter had submitted at Panchayath by asked economical support for the treatment of a child named Harisree, as a result Panchayath authority informed to provide Panchayath fund to the all kind of treatment expenses for the child including physiotherapy.

Financial aid and support was given to 18 patients

- Medical appliances worth Rs.100000 for palliative care were distributed among the deserved people with the fund sanctioned from Block Panchayath.
- Food kits were distributed to 25 families.
- Memorandum was submitted to Chief Minister, District Collector requesting for the facility to register SHGs of differently abled people at Panchayaths.
- Request has been submitted to DMO stating that Medical board should be conducted in all Panchayaths for differently abled people.

## Local Recourse Mobilization & Charity Work

Particulars	Number	Amount
Vehicle	18	10,80,000
Cloth	60	60,000
Wheel Chair	98	3,43,000
Crèches	70	1,40,000
walker	89	22,500
Hearing Aids	175	11,37,500
Static Cycle	53	1,85,500
Spectacles & Stick	40	1,92,000
Water bed	65	2,60,000
Cervical Color	36	36,000
Food Kit	22	33,000
Study Materials	30	12,000
Education Support	227	1,13,500
Total		36,15,000

#### SAHAYATHRIKA

The project, Sahayathrika sanctioned by Bathery block panchayath programme was a key achievement in 2015. It conducted an awareness programme for Anganvadi teachers for getting an appropriate baseline survey from the village. 'Sahayathrika' completed the block level baseline survey and the forthcoming activities were preplanned for the next month Rs.2300 for the rehabilitation of differently abled people was allotted.



#### An Overview of-Shreyas Educational Support Scheme

The educational Support Scheme of Shreyas was launched in the year 1992-93 onwards in remembrance of late Fr.Philip Chakkalamuriyil the Ex-Assistant Executive Director of Shreyas. SESS mainly focus to enable the Poorest of the Poor Child with Innovative education and develop them as respected and productive citizens of India. The fund is locally

mobilized through the structures of Shreyas and fully utilized to strengthen the education of poor children. Financial assistance, Career guidance, Vocational Trainings, tuition Facilities, Nursery Schools is some of the major interventions under this scheme. During the year 181 Students were given a total of Rs 36, 20,000 as educational support.

#### **Major Activities** Result/ outcome Shreyas Educational Support Scheme(SESS) **Fund Mobilization** Collection Of Application Collect the fund through the following Sources Loan Distribution The contributions From the partner families of Loan Repayment Loan Closing The contributions From the central, regional &Unit level staff members of shreyas The contributions from the beneficiaries who secured job through the support of this scheme The contributions from Individual & Institutions both in Indua & abroad The Other desirable modes of fund raising

- Empowering the poor with higher education
- Providing interest free loans for job oriented courses
- Creating awareness on job oppurtunities
- Easy loan availability without banking formalities
- · Inculcating service-mindedness in the society
- To Provide Higher Education support to the financially backward but aspiring students of shreyas partner families.
- To support them to get employed and to further enable their livelihood
- To inculate Service mindness in the society through promotion of local sponsorship programme.
- To create awareness among students regarding vocational Trainings and the job opportunities.
- To extend career guidance, consultation and counseling.

#### Acknowledgements

We Place on record our sincere gratitude and thanks to all. The supporters of SESS. We are also deeply indebted to all the structures of Shreyas mainly the regional team, the community organizers and the SHGs of Shreyas for their constant support and commitment to enable the higher education of the poor

#### Collection& No Of Loans Distributed

Region	Collection	No of Loans
Bathery	11,20,197	20
Meenangady	1,70,392	10
Pulpally	2,37,318	18
Mananthavady	2,05,300	24
Kozhikode	2,20,265	22
Nilambur	1,25,634	16
Edakkara	1,66,131	21
Kannur	2,75,668	23
Nilgiri	1,92,871	26
Centre	75,540	1
Total	7,48,166	181

# FEDERAL ASHWAS

Combining financial inclusion through financial literacy & Credit counseling

The main aim of the Federal Ashwas Financial Literacy Centre (FAFLC) is to guide people in all aspects of money management and help them to improve financial literacy, have proper control on their finances and properly organize monthly financial commitment.



Combining financial inclusion through financial literacy and credit counseling is the major aim of Federal Ashwas scheme. The scheme now educates the Wayanad people about the complete details of their loan schemes and makes them financially literate which is most integral to achieve complete financial inclusion of the poor. We are really proud in providing the mandatory financial literacy and credit counseling to the poor for securing their financial inclusion in a most suitable manner. Shreyas tie up with the "Fedral Ashwas Trust" of Federal Bank to provide Financial Education and Credit counseling to the public.

This most beneficial scheme is especially designed to help the poor to understand the people financial management tools, inculcate saving habit and to generate demand to financial products and makes the financial inclusion of the poor crystal clear. At present we provide financial literacy and credit counseling to the clients who visit the centre and successfully organize outreach programme at the S. Bathery Block Panchayaths Wayanad District.

#### Interventions

- To provide free financial literacy/education and credit counseling.
- To provide financial counseling services
- To educate the people in rural and urban areas with regard to various financial products and services available from the formal financial sector.
- To make the people aware of the advantages of being connected with the formal financial sector.
- To formulate debt restructuring plans for borrowers in distress and recommended the same to formal financial institutions, including cooperatives, for consideration.
- To take up any such activity that promotes financial literacy, awareness of the banking services, financial planning and amelioration of debt-related distress of an individual.
- Major Programmes of the Reporting Period.
- Organized class on Digital Financial Literacy Social Security Schemes
- Arranged Financial Literacy classes to Kudumbashreee, Schools, SHGs, & Tribal colonies
- Financial Planning
- · Attending DLRL, BLBC Meetings
- · Visit by Monitoring AGM, DPM
- Conducting and Attending Account Opening Camps.
- · Attended Meetings at RBI Cochin
- Participated in training organized by Federal Bank Training Centre, Aluva

#### Activity

Schools Classes: 24

Other class to General People: 96

Counseling session:92

Camp 16

People benefited from the programme: 2170



Kerala State Social Welfare Board has become a service provider under the domestic violence Act 2005 for assisting victim of domestic violence for getting protection or order from magistrate and other relief. The Act provides protection to the wife or female partner, sisters and mother from violence at the hands of husband or male partner or relatives.

2005. We are providing legal assistant and legal help for women and free counseling for family

and children.

Shreyas SPC providing free legal help for women and children those who are victim of domestic violence providing free counseling children and family. Adv. C K Mercy (Legal Counselor attending cases weekly 3 days)

#### Legal Counselor Providing Services like ;-

- Free legal aid to domestic violence victims through SPC of Shreyas
- Making them fit to face the real life challenges through better legal awareness
- Capacitated the leadership quality of women for better participation in public life.

Physical abuse	49
Sexual abuse	5
Verbal and emotional abuse	41
Economic abuse	41
Others	13
No. of cases DIR filed	29
No. of cases referred to Medical Examination	6
No. of cases referred to clinical psychologist	12
Awareness class conducted by the legal counselor	17

Ms. Binta Wilson (Family Counselor) giving counseling weekly 2 days in Shreyas SPC. Family Counselor dealing the following cases in the year 2015-16.

#### Types and No of cases family counselor handled

Marital discord	12
Mental stress	15
Domestic Viloence	10
Family issue	12
Adolescent behavioral problems	6
Alcoholism	5
Extra-marital affair	2
Personality problems	3
Psychiatric complaints	
Sexual Disorder	1

## INFORMATION TECHNOLOGY DEPARTMENT

An Overview of IT Department of Shreyas

Rvery important in improving efficiency and effectiveness in all our work. The information and technology department of Shreyas organize

nenovating information technology is all the important databases in to digital archive of documents by properly updating the organization with latest computer technologies.

# Research and Documentation of Shreyas

/e make sure to have a clear precise documentation of very importance transaction, process and action that takes place in Shreyas. Development organization is deeply involved in generating a lot of field knowledge often these learning's are not adequately captured and widely shared. Shreyas already came out with inspiring documentation and authentic studies during the years, Besides, we also document periodical publications like News Bulletins. These publications will help the people to understand the real life situation so that scientific studies are conducted to study the issues. The findings are properly documented so that it would be disseminated as replicable model

#### Results

- Help us to clear reference point
- Store of collective organizational knowledge.
- Sharing our learning and field experience.
- Publish the organizational News Bulletin as a quarterly publication

#### Major Publications:-

- News Bulletin
- Annual Report
- Shrevas Calender
- Shreyas Diary



As we reach the concluding part of this most transparent document - Annual report 2014-15, we boldly state that all these programmes were in tune with the development needs of the poor. As we move forward it's our obligation to place on record our valuable partners and contributors in development, the achievements are the result of their great humanitarian concern for the poor.

At the very outset, we esteem and sincerely thank our patron His Excellency, Dr.Joseph Mar Thomas for his benign guidance and support all through the year. Likewise, we gratefully acknowledge the support given from the entire Malankara Diocesan Administration during the period.

The entire donor agencies Central and State Government institutions and the Panchayaths are fully supporting and cooperating with us for the successful completion of our development programmes. We sincerely acknowledge their social commitments and herewith esteem our donor agencies, banking institutions and departments of Central and State Governments, Panchayath Raj Institutions and other NGOs.

We place on record all those who have contributed to this great cause of serving the least privileged both technically and financially. We are deeply obliged to all of them and do remember our well-wishers and benefactors with love and gratitude. It's the sincere commitment and hard work of the staff which enabled us to reach the height of our success, we appreciate their social commitments. We look forward to your cooperation and patronage.

Above all, we thank God Almighty who has been guiding us till this day and showered His wonderful blessings all through year. Invoking His further blessings we remain.

Shreyas Family

